



**Dr. Suneel Basra Dr. Richard T. Braver Dr. Philip Messenger**  
 Reconstructive Foot & Ankle Surgery • Podiatrists/Orthotic Specialists

Grand-Garret Medical Building  
 140 Grand Avenue • Englewood, NJ 07631  
 Tel. (201) 569-7672 • Fax: (201) 569-3536  
 Email: DrRun@aol.com • www.DrRun.com

Patient \_\_\_\_\_

Diagnosis \_\_\_\_\_

Notes \_\_\_\_\_

Referred By \_\_\_\_\_



DIRECTIONS TO:  
**ACTIVE FOOT AND ANKLE CARE**  
 ENGLEWOOD OFFICE

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**Parking** is in the parking lot next to the office against building (first six spaces) or behind our office located at the corner of Grand and Garret. Enter our office through the front entrance on Grand Avenue.

**From Garden State Parkway North or Route 4 East:** North to Exit 161 (Route 4 East). Proceed about three miles. See exit sign on right Grand Avenue: Leonia/Englewood, take the second Grand Avenue exit sign for Grand Avenue/Englewood. At stop sign take a right. At the next stop sign take another right onto Grand Avenue. Our office is five blocks on the left.

**From Garden State Parkway South:** South to Exit 163 (Route 17 South). Proceed about one mile. Stay in right lane and exit onto Route 4 East. See directions above.

**From Interstate 95 North (New Jersey Turnpike):** Stay to right for Local Exit lanes toward Englewood and George Washington Bridge. Take Exit 71 Broad Avenue-Leonia/Englewood. Off the exit ramp turn right onto Broad Avenue. At second light turn left onto Van Nostrand. At next light turn right onto Grand Avenue. Our office is five blocks on the left.

**From Interstate 80 East:** Stay right for Local Exit lanes; merge with I-95 North. See directions for I-95 above.

**From Palisades Interstate Parkway:** South to Exit 1 (Palisades Avenue). Turn right off exit onto Palisades Avenue. Continue until one block past Grand Avenue and turn left onto Dean Street (Liberty Travel on corner). Go three blocks and turn left onto Linden Avenue. Take the next left turn onto Grand Avenue (one way street). Our office is one block on the left.

**From George Washington Bridge or Route 4 West:** Take upper or lower level (upper preferred) and stay in middle lanes. Follow signs for Route 4. See exit sign for Grand Avenue: Englewood/Leonia. Take the first Grand Avenue exit. Continue straight ahead on Grand Avenue (one way street). Our office is five blocks on the left.

**Englewood**  
 140 Grand Avenue  
 Englewood, NJ 07631  
 Tel. (201) 569-7672  
 Fax: (201) 569-3536

**Fair Lawn**  
 4-14 Saddle River Road  
 Fair Lawn, NJ 07410  
 Tel. (201) 791-1881  
 Fax: (201) 791-6177

**Riverdale**  
 18 Newark Pompton Turnpike  
 Riverdale, NJ 07457  
 Tel. (973) 831-1774  
 Fax: (973) 616-3430